

FAQ

How do I know if I have an addiction?

You are unable to stop using or drinking despite negative consequences that permeate all areas of your life such as: health, job, finance and family relationships.

Is my family's support enough for my recovery?

Having a family support system is one of the best platform towards recovery. However, emotional root cause of addiction usually stems from the family. Long term recovery requires commitment from both you and your family to make lifetime changes.

Should I wait until my loved one hits rock bottom before calling for help?

No, treatment can be initiated at any stage and if you wait for rock bottom, it may be too late for help. Rock bottom is different for everyone. A person does not have to go to treatment willingly to obtain results. They just need the family's support to get there.

Will I be cured after completing the program?

Treatment is an on-going process of maintaining sobriety through lifestyle changes and commitment to wellness. Once you learn the about the mechanism of the addicted brain, you will learn how to rewire the brain through daily healthy



Kinghaven Counseling Group
Building the Bridge of Hope for Youth and Their Families



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Outpatient and Intensive Outpatient (IOP) Services for Individuals With Co-Occurring or Substance Abuse Disorders.

Substance Abuse

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or
877-214-8839**

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We also speak Spanish and Vietnamese



Description of Services

Intensive Outpatient Program (IOP)

Our IOP is designed to meet the needs of working adults and adolescents in school. We work around you or your child's schedule to strengthen all aspects of functioning in life. Our program is designed primarily for after work and after school treatment.

We focus on the strengths of each individual and family and build on your internal resources.

Our team of addiction specialists including Psychiatrists, Nurse Practitioners, Nurses, Psychologists, drug and alcohol Counselors will work tirelessly with you and your family to develop an individualized, holistic, strength-based, mind, body and spirit program to ensure lifetime sobriety.

Our group therapy centers around 12 steps program, mindfulness cognitive behavior therapy, life skill training, contingency management, motivational enhancement, psychodrama and multifamily modalities of treatment.

We constantly employ new researches, innovative treatment approaches and the latest development in the field of addiction.

Clients who graduate from our program will be followed in our aftercare program for the next six months to a year. The Alumni group with lifetime membership is complementary to our graduates to emphasize our commitment to your sobriety in life.

Hours of Operation



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- Screening and Intake are from 8 AM to 6PM., M-F.
- Adolescent groups are held from 5 to 8PM on Tuesday, Thursday and Saturday from 9am to 12pm.
- Adult groups are held from 6 to 9 PM on Monday, Wednesday and Saturday from 1PM to 4PM
- Support groups are held on Wednesdays at 5:30pm-7:30pm and Saturdays at 11:30am-1:30pm.

Co-occurring Disorders

Up to 75% of people with substance abuse issues have a co-occurring disorder in mental illness. Often people attempt to medicate themselves leading to a dual treatment condition of mental health and addiction.

Our team of mental healthcare experts will work closely with you to provide the corrective diagnose and the appropriate medications for your recovery process and mental wellness.



Contact us today to set up an appointment!

We speak English, Spanish and Vietnamese